



Lunch Menu - Week 1



Monday	Tuesday	Wednesday	Thursday	Friday
Suffolk Hotpot (Gammon in cheese sauce) topped with potato bits OR Veggie Hotpot Served with 2 x Seasonal veg	Chilli con carne & Rice OR Chilli con carne & Jacket OR Spaghetti Bolognese Served with Garlic bread and carrot/cucumber sticks	Hunters chicken OR Fishcakes Served with baby button potatoes and salad. Coleslaw or cowboy beans	SF Chicken strip wrap OR Pizza fingers (cheese, pepperoni or chilli chicken) Served with hash brown, salad or beans	<u>Buffet Day</u> Sandwich OR Baguette OR Panini OR Wrap of your choice Served with small buffet

Also available daily are: Baguettes, sandwiches, wraps, salads, Plain pasta or rice & Jacket Potatoes

Puddings: Yoghurts & Fresh Fruits available daily

Vegetarian and Gluten Free options on all meals are also available.



Lunch Menu - Week 2



Monday	Tuesday	Wednesday	Thursday	Friday
Bacon or Cheese & onion Quiche OR Cheese & bacon OR Cheese & onion Turnover Served with wedges, salad, coleslaw or beans	Plain chow Mein OR Crispy honey chicken OR Chicken/chorizo Paella (rice) Served with veggie spring rolls, prawn crackers and carrot/cucumber sticks	Roast Chicken OR Gammon OR Cauliflower Cheese Served with Roast Potatoes, Gravy, Stuffing, Yorkshire Puddings and 2 Seasonal Veg	Nuggets OR Battered cod OR Saveloy Sausages Served with Chips, Beans or salad	<u>Buffet Day</u> Sandwich OR Baguette OR Panini OR Wrap of your choice Served with small buffet

Also available daily are: Baguettes, sandwiches, wraps, salads, Plain pasta or rice & Jacket Potatoes

Puddings: Yoghurts & Fresh Fruits available daily.

Vegetarian and Gluten Free options on all meals are also available.



Lunch Menu - Week 3



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Enchilada (tortilla wrap in a spicy tom sauce) OR Halloumi & spinach Enchilada Served with crispy salad and carrot/cucumber sticks.	Macaroni cheese OR Tuna pasta bake Served with Garlic bread & corn on the cob	Roast Chicken OR Gammon OR Cauliflower Cheese Served with Roast Potatoes, Gravy, Stuffing, Yorkshire Puddings and 2 Seasonal Veg	Breakfast wrap (sausage patty, bacon, egg & cheese) OR Sausage or Bacon Baguette. Served with Chips, beans or salad	<u>Buffet Day</u> Sandwich OR Baguette OR Panini OR Wrap of your choice Served with small buffet

Also available daily are: Soup of the Day, Baguettes & Jacket Potatoes

Puddings: Yoghurts & Fresh Fruits available daily

Vegetarian and Gluten Free options on all meals are also available.